

## GET SPORTY: PLAY PICKLEBALL!

**TASK:** Learning how to talk about sports and take part in a PE class in English.

**NUMBER OF SESSIONS:** 5

*This project involves the collaboration of both the English teacher and the PE teacher.*

### SESSION 1 (English Class): THE REAL IMPORTANCE OF SPORTS

**TASK ONE (whole group):** Watch an introductory video (<https://youtu.be/w0R9b01N6mQ>) talking about the real importance of sports and answer the questions to check understanding.

1. Does the man like sports? Since when?
2. Why did he fall in love with sports?
3. Have sports helped the man in any way?
4. What are the four main disciplines, according to the presenter?

*In the home, in the church, in the \_\_\_\_\_ and in the \_\_\_\_\_*

5. What do we learn in sports?

*Teamwork, ...*

6. Complete the sentence

*Teams to play for a great fanbase, win a lot of games, teams to play for a great coach win a lot of games. Teams to play for \_\_\_\_\_, win \_\_\_\_\_.*

**TASK TWO (whole group):** Watch these short videos on some famous sportspeople and answer the following questions.

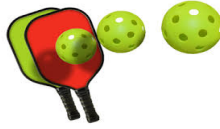


<https://youtu.be/IfFO9GR2>



[https://www.youtube.com/watch?v=By1JQFxfLMM&feature=player\\_embedded](https://www.youtube.com/watch?v=By1JQFxfLMM&feature=player_embedded)





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[https://youtu.be/\\_scMxXEnCjg](https://youtu.be/_scMxXEnCjg)



<https://youtu.be/Pscbwh9iKvo>



<https://youtu.be/V2Efl1j4KYE>

1. How many people have run 100m in 10 seconds?
2. What is the world record of Usain Bolt?
3. What swimming category does Mireia Belmonte take?
4. What time mark does she get?
5. There's a moment when Diego Maradona scores a goal. Do you see something strange?
6. What's the meaning of *skill*? Where do you see this word?
7. What's the meaning of «The only place that fear can exist is in our thoughts in the future»? What do you think about this?
8. Why does Michael Jordan speak with an angry tone?
9. Why did Muhammad Ali want to become famous?
10. What was Ali's original name? Did he like it?

**TASK THREE (in pairs):** Let's speak about sports! Ask each other these questions and engage in a conversation.

*Do you like sports?*

*Are sports important? Why?*

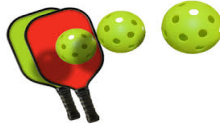
*What sports do you practise?*

*What are the benefits of sports?*

*Do you like watching any sports?*



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### SESSION 2 (English Class): TALKING ABOUT SPORTS

#### TASK ONE (individually): HOW DO WE USE **PLAY**, **DO** and **GO**?

We use the verbs **play**, **do** and **go** with sports and activities.

**Play** is used with ball sports or competitive games where we play against another person:

'How often do you play tennis?' - tennis is a ball sport.

'I play poker with my friends on Friday night.' - poker is a competitive game. We play to win.

'I don't like playing computer games.' - again, computer games are competitive so we use **play**.

**Do** is used for a recreational activity or a non-team sport that does not use a ball:

'I heard that you do karate.' - karate is a non-team activity.

'I do crossword puzzles in my free time.' - crossword puzzles are not competitive.

**Go** is used with activities that end **-ing**. We **go** somewhere to do something:

'I'm going fishing on Sunday.'

'Are you going skiing this winter?'

'She said she was going swimming.'

#### A. Now choose the correct verb to complete each sentence:

•Do you want to \_\_\_ hiking with me?

do

play

go

•Have you ever \_\_\_ ice-hockey?

done

gone

played

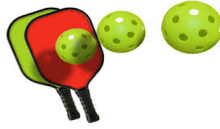
•I find \_\_\_ yoga to be very relaxing.

playing

doing

going





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•They \_\_\_\_ sailing yesterday.

- did
- played
- went

• \_\_\_\_ chess is a good mental exercise.

- Going
- Playing
- Doing








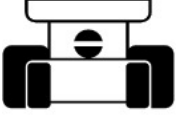
•She \_\_\_\_ aerobics at the gym.

- plays
- does
- goes

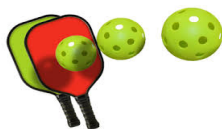
•I \_\_\_\_ athletics at school.

- played
- did
- went

**B. Write Go, Do or Play and 2 Materials**

Picture	English word	Necessary Materials	Picture	English word	Necessary Materials
	aerobics			basketball	
	archery			boxing	
	badminton			canoeing	
	baseball			car racing	



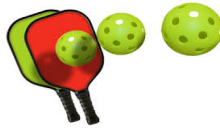


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Picture	English word	Necessary Materials	Picture	English word	Necessary Materials
	chess			golf	
	climbing			gymnastics	
	cricket			handball	
	cycling			hang gliding	
	dancing			high diving	
	darts			high jump	
	diving			hockey	
	fencing			hurdle race	
	fishing			ice hockey	
	fist ball			ice skating	
	gliding			in-line skating	



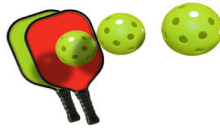


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Picture	English word	Necessary Materials
	jogging	
	judo	
	karate	
	long jump	
	motorbike sports	
	orienteering	
	parachuting	
	pole-vaulting	
	riding	
	rowing	
	rugby	
	sailing	
	shooting	
	skateboarding	
	snowboarding	
	soccer	
	squash	
	surfing	
	swimming	
	table tennis	
	taekwondo	
	tennis	





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triathlon



weight lifting



volleyball



windsurfing



water gymnastics



wrestling



water polo



waterski

### SESSION 3 (English Class): WHAT IS PICKLEBALL?



**TASK ONE (whole group):** Watch these videos to learn about PICKLEBALL:

<https://www.youtube.com/watch?v=fTvPYdKZqOo>

<https://www.youtube.com/watch?v=WLWj2LXecHU>

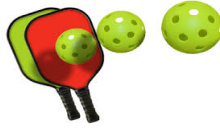
Did you listen to these terms? What are they?

*serve the ball*  
*underhand*  
*net*  
*kitchen*

*non-serve zone*  
*bounce*  
*volley*  
*court*



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Now, look at this video to learn about the role of a referee in a game of PICKLEBALL:  
<https://www.youtube.com/watch?v=yoaWQGSxAro>

**TASK TWO (individually): PICKLEBALL RULES**

**Are the following sentences TRUE or FALSE?**

1. The ball must bounce twice before players can hit the ball in the air.
2. After the ball has bounced twice you can't play the ball on the bounce or in the air.
3. The server must serve underhand
4. Pickleball is usually played to a score of 10. You must win by 2 points of difference

**This is the necessary vocabulary for the Physical Education class!**

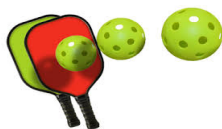
<b>Different Movements</b>	<b>Materials and Related Words</b>
Hit (the ball)	Paddle
Volley	Net
Bounce	'kitchen' or non-volley zone
Serve (underhand)	Court
Drive	Fault
Backhand	Out of court
Smash	referee

**Other related words:**

Score  
Point  
Switch sides







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### Sentences when you want to give your impression:

#### Negative

Not good  
Repeat that  
Better luck next time

#### Neutral

It's OK  
Fine  
Not bad!

#### Positive

Nice ... ! (e.g. Nice shot!)  
Great! Awesome!  
Nailed it! (colloquial expression 'la clavaste')



### SESSION 4 (PE Class): PICKLEBALL

Learn the details of the PICKLEBALL. The PE teacher will introduce the vocabulary and phrases learnt (Necessary Materials, Rules, Special Rules, Important Expressions, ...) both in Catalan and in English and make sure everybody understands the rules and the mechanics of the PICKLEBALL.

*Sometimes more than one session might be required.*

### SESSION 5 (PE Class): PICKLEBALL

#### FINAL TASK (in groups of 5): Let's play!!

In every group, there will be 4 players (2 versus 2) & 1 referee. Everybody should rotate so that you all get to be the referee at least once. The referee will be in charge of monitoring the time and checking the players observe the rules. He/She can use the expressions learnt in class:

*serve the ball*  
*now do a double bounce*  
*now change sides*  
*point*  
*player xxx*

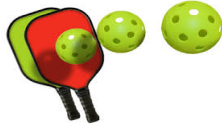
*fault*  
*invalid*  
*please change sides*  
*team yyy won*  
*very good*

**Every game will last for either 8 minutes or until one team gets 4 points.**

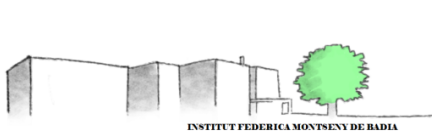


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